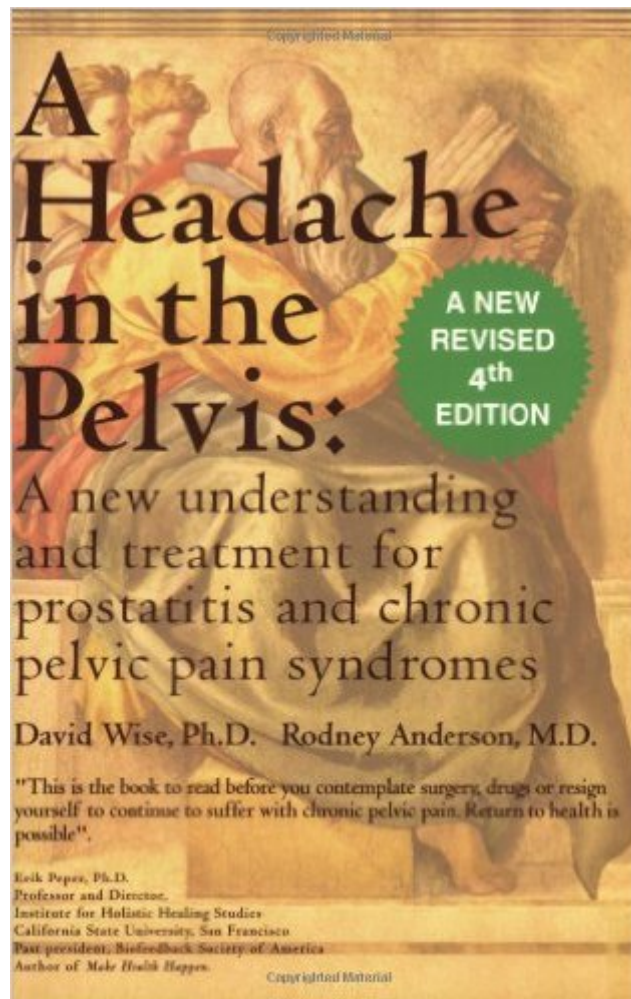


The book was found

# A Headache In The Pelvis: A New Understanding And Treatment For Prostatitis And Chronic Pelvic Pain Syndromes, 4th Edition



## Synopsis

This groundbreaking book describes the Stanford Protocol for pelvic pain in men and women, a new and revolutionary treatment developed at Stanford University. The 4th edition enlarges the scope of the book to specifically address the Stanford Protocol for women's pelvic pain and includes a large illustrated section on the method of pelvic floor trigger point release. It also includes details of Paradoxical Relaxation for conditions of pelvic pain that affect women.

## Book Information

Paperback: 413 pages

Publisher: National Center for Pelvic Pain; 4th edition (March 15, 2007)

Language: English

ISBN-10: 0972775536

ISBN-13: 978-0972775533

Product Dimensions: 6 x 1.1 x 9 inches

Shipping Weight: 1.4 pounds

Average Customer Review: 4.2 out of 5 stars Â Â See all reviewsÂ (20 customer reviews)

Best Sellers Rank: #550,614 in Books (See Top 100 in Books) #65 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Genitourinary & STDs #107642 inÂ Books > Textbooks

## Customer Reviews

To my knowledge, this is the only book on the subject of chronic pelvic pain and after reading it, I finally have a sense of hope for my condition. In my situation, symptoms having been getting worse over the past year - not so bad that I've been incapacitated, but bad enough that I've been concerned for my long term health. This book has been a godsend. For now I understand what causes, and how to treat my pelvic pain. That is a huge revelation. About a year ago, I went to a urologist, who, after performing some tests, stated my problem was simply stress. However, he provided no information on how to TREAT my current symptoms. This book has filled that void, and now I have sense of hope for the future. And that is very important. Time will tell if how much symptoms will improve. I've already had some abatement of my symptoms just since reading the book. I have to disagree with one reviewer who feels this book is merely an advertisement for their week long program in Northern California. It's really just in the chapter on Trigger Point Release that the authors bang that drum, and it's for good reason: These are techniques that, as far as I can tell, DO require supervision for safety and best results. My only criticism of the book lies in the area of presentation. Dr. Wise and Dr. Anderson are not writers, and it shows. The book desperately needs

a competent editor - it is littered with typos and grammatical mistakes (there's a even a grammatical mistake on the cover!), and some sentences are downright clunky. I found the chapter on Paradoxical Relaxation particularly awkward. But don't throw out the baby with the bath water. All in all this is a huge achievement in the research and treatment of assorted pelvic pain conditions.

[Download to continue reading...](#)

A Headache in the Pelvis: A New Understanding and Treatment for Prostatitis and Chronic Pelvic Pain Syndromes, 4th Edition A Headache in the Pelvis: A New Understanding and Treatment for Prostatitis and Chronic Pelvic Pain Syndromes, 3rd Edition A Headache in the Pelvis, a New, Revised, Expanded and Updated 6th Edition: A New Understanding and Treatment for Chronic Pelvic Pain Syndromes The Better Bladder Book: A Holistic Approach to Healing Interstitial Cystitis & Chronic Pelvic Pain[ THE BETTER BLADDER BOOK: A HOLISTIC APPROACH TO HEALING INTERSTITIAL CYSTITIS & CHRONIC PELVIC PAIN ] by Cohan, Wendy (Author ) on Nov-09-2010 Paperback Surgical Management of Pelvic Organ Prolapse: Female Pelvic Surgery Video Atlas Series: Expert Consult: Online and Print, 1e (Female Pelvic Video Surgery Atlas Series) Home Remedies for Prostate Health (Prostate Cancer, Prostatitis, prostate inflammation, bacterial prostatitis) Life Without Pain: Free Yourself from Chronic Back Pain, Headache, Arthritis Pain, and More, Without Surgery or Narcotic Drugs Atlas De Bolsillo De Cortes Anatomicos: Tomografia computarizada y resonancia magnetica. Torax, corazon, abdomen y pelvis/ CT and MRI. Thorax, heart, abdomen and pelvis (Spanish Edition) MARIJUANA: Guide To Illness And Pain Management (Medical Marijuana, Pain Management, Cannabis, Epilepsy, Cancer Treatment, Chronic Pain) Basic, Advanced, and Robotic Laparoscopic Surgery: Female Pelvic Surgery Video Atlas Series, 1e (Female Pelvic Video Surgery Atlas Series) Practical Pelvic Floor Ultrasonography: A Multicompartmental Approach to 2D/3D/4D Ultrasonography of Pelvic Floor Presurgical Psychological Screening in Chronic Pain Syndromes: A Guide for the Behavioral Health Practitioner The Better Bladder Book: A Holistic Approach to Healing Interstitial Cystitis and Chronic Pelvic Pain Self-help Treatment for Chronic Fatigue Syndrome, M.E, Fibromyalgia and Adrenal Fatigue: The Sensitive's Solution: FREE Support Group (Chronic Fatigue Syndrome, M.E, Fibromyalgia, Chronic Fatigue) Defeat Chronic Pain Now!: Groundbreaking Strategies for Eliminating the Pain of Arthritis, Back and Neck Conditions, Migraines, Diabetic Neuropathy, and Chronic Illness Brain Inflammation in Chronic Pain, Migraine and Fibromyalgia: The Paradigm-Shifting Guide for Doctors and Patients Dealing with Chronic Pain (Inflammation Mastery & Functional Inflammology) Heal Pelvic Pain: The Proven Stretching, Strengthening, and Nutrition Program for Relieving Pain, Incontinence,& I.B.S, and Other Symptoms Without Surgery Freedom from Pain: The Breakthrough Method of Pain Relief

Based on the New York Pain Treatment Program at Lenox Hill Hospital The Hidden Psychology of Pain: The Use of Understanding to Heal Chronic Pain Joint Pain No More: How to Effectively Eliminate Pain and ease your Aches! (Pain Management, Muscle Pain, sports injury)

[Dmca](#)